

Camp packing checklist

A practical starting point for families and youth

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OAKRIDGE - CALGARY

CHECK SCOUTTRACKER BEFORE PACKING

The event listing is the source of truth. Event-specific instructions always take priority.

Personal essentials

- ☐ A labelled water bottle
- ☐ A small day pack
- ☐ Toiletries and a small towel for overnight camps
- ☐ Any medication and instructions requested by the Scouters

Weather-ready clothing

- ☐ Weather-appropriate layers and extra socks
- ☐ Rain jacket and rain pants when rain is possible
- ☐ Closed-toe footwear suitable for the activity
- ☐ Indoor footwear when the event location requires it
- ☐ Toque, gloves, sun protection or insect repellent as conditions require

Overnight gear

- ☐ Sleeping bag appropriate for the forecast
- ☐ Insulated sleeping pad
- ☐ Sleepwear and a change of dry clothing
- ☐ A plastic bag for wet or dirty clothing
- ☐ Pillow only if space and the event packing list allow it

Useful camp gear

- ☐ Headlamp or flashlight with spare batteries
- ☐ Mess kit and cleanup items when requested
- ☐ A durable bag the youth can carry and identify
- ☐ Everything labelled with the youth's name
- ☐ A book, small comfort item or sleep aids only when permitted

Usually leave at home

- ☐ Phones, tablets, smart watches and other electronics
- ☐ Food, snacks or drinks other than a labelled water bottle
- ☐ Plates, cutlery or specialty equipment not on the event list
- ☐ Anything valuable or difficult for the youth to manage

Before leaving home

- ☐ Confirm arrival and pickup times in ScoutTracker
- ☐ Complete any required registration, payment or forms
- ☐ Review the forecast and adjust clothing and sleeping gear
- ☐ Label equipment and leave unnecessary valuables at home
- ☐ Ask the section Scouters if anything in the event instructions is unclear